

| 2015        |  | <i>Lightning</i><br><b>VELO</b> | SPRING METRIC |  |
|-------------|--|---------------------------------|---------------|--|
| Turn        | At   | Then Ride                       | Cumulative    |  |
| L           | Junipero Serra                                     | 0.3                             | 0.3           |  |
| L           | Camino Capistrano / Doheny Park                    | 4.3                             | 4.6           |  |
| L           | Coast Highway / El Camino Real                     | 7.2                             | 11.8          |  |
| R           | Cristianitos                                       | 0.1                             | 11.9          |  |
| L           | Pacific Coast Bike Route / Old Pacific Highway     | 9.5                             | 21.4          |  |
| L           | Cement tunnel (under fwy)                          | 0.2                             | 21.6          |  |
| R           | Bike Trail Sign                                    | 1.1                             | 22.7          |  |
| L           | Las Pulgas Rd                                      | 0.6                             | 23.3          |  |
| <b>STOP</b> | <b>SAG STOP #1 @ 23.3 Miles</b>                    |                                 |               |  |
| <b>STOP</b> | Guard Shack - Show ID                              | 0.2                             | 23.5          |  |
| R           | Stuart Mesa @ 'Y' Intersection                     | 7.1                             | 30.6          |  |
| R           | Vandergrift Blvd                                   | 1.5                             | 32.1          |  |
| S           | Exit Base (Vandergrift becomes Harbor)             | 0.3                             | 32.4          |  |
| L           | N. Coast Hwy / Carlsbad Blvd                       | 3.8                             | 36.2          |  |
| R           | Beech Avenue                                       | 0                               | 36.2          |  |
| L           | Parking Lot - Corner of Beech & Garfield           | 0                               | 36.2          |  |
| <b>STOP</b> | <b>SAG STOP #2 @ 36.2 Miles</b>                    |                                 |               |  |
| R           | Carlsbad Blvd / Camino Del Mar / Torrey Pines Blvd | 20.5                            | 56.7          |  |
| R           | N Torrey Pines Court                               | 0                               | 0             |  |
| R           | First Parking Lot Entrance on Right                | 0                               | 56.7          |  |
| <b>STOP</b> | <b>SAG STOP #3 @ 49.5 Miles</b>                    |                                 |               |  |
| R           | N. Torrey Pines Road (at "Y" Intersection)         | 1.8                             | 58.5          |  |
| R           | Gilman Off Ramp - Watch for Stop sign at bottom    | 0.1                             | 58.6          |  |
| R           | Gilman Drive                                       | 1.6                             | 60.2          |  |
| R           | Rose Canyon Bike Path / Santa Fe Street            | 2.9                             | 63.1          |  |
| R           | Garnet   | 0.2                             | 63.3          |  |
| L           | Mission Bay Drive                                  | 0.8                             | 64.1          |  |
| R + L       | N. Mission Bay Drive / E. Mission Bay Drive        | 1.7                             | 65.8          |  |
| R           | Tecolote Shores Park Entrance (just past Hilton)   | 0                               | 65.8          |  |
| R           | <b>To Pavillion</b>                                | <b>0</b>                        | <b>65.8</b>   |  |